

**SELF ISOLATION
AT BINTAN SERVICE APARTMENT**

Based on Circular Number HK.02.01/MENKES/18/2022 – Ministry of Health of Indonesia

When the Covid-19 PCR test shows positive results with asymptomatic or minor symptoms, the guest has to be self-isolated immediately at **Bintan Service Apartment** with the entire cost being borne independently.

Following are the options of the entire costs during self isolation at Bintan Service Apartment.

Option 1

7D6N Self Isolation with COVID-19 PCR Test on the 6th day, the result will be out within 24hrs on the 7th day.

Rate per pax	Rate for family (max 2 pax)	
2 bedroom apartment	2 bedroom apartment	3 bedrooms apartment
Rp. 4,100,000	Rp. 5,000,000	Rp. 6,800,000

If COVID-19 PCR Test on the 6th day still shows positive results, the guest is required to continue self isolation for the next 5D4N with additional charges as follows (*):

Rate per pax	Rate for family (max 2 pax)	
2 bedrooms apartment	2 bedrooms apartment	3 bedrooms apartment
Rp. 2,500,000	Rp. 3.000,000	Rp. 4.150,000

Option 2

11D10N Self Isolation without COVID-19 PCR Test (*)

The guest will be discharged on the 11th day.

Rate per pax	Rate for family (max 2 pax)	
2 bedrooms apartment	2 bedrooms apartment	3 bedrooms apartment
Rp. 6,200,000	Rp. 7,200,000	Rp. 10,200,000

(*) Note.

For those guests who wants to departed for Singapore, please follow ICA requirement regarding of any medical treatment and Covid-19 test before entering Singapore.

The above rates are inclusive of:

- Accomodation during self isolation
- 3x meals a day , a bottle of healthy drink per day (C1000 or bear brand milk)
- 1x Covid-19 PCR test on the 6th day for option 1.

The above rates are exclusive of the medical treatment and Covid-19 test to enter Singapore.

FREQUENTLY ASKED QUESTIONS

1. Why do I have to stay for 7D6N when the regulations say it's only 5 days isolation?

The authorities do not include the day of result in their count for number of days. The isolation period begins on the 2nd day and the affected person is required to take COVID-19 PCR test on the 6th day. The PCR test process takes 24 hours before results are announced.

Here's an example of an Isolation scenario for 7D6N:

Monday	: Positively diagnosed with COVID-19 and started the isolation
Tuesday	: Counted as the first day of Isolation
Wednesday – Friday	: Continue the isolation
Saturday	: Taking COVID-19 PCR test. Result will be out within 24 hours
Sunday	: The result of the PCR test is announced on the 7 th day and the isolation process is complete. This is accordance with option 1.

2. What if my PCR test result on the 6th day is positive?

You must continue the isolation for another 5 days. At the end of the 5th day, you will be deemed to have completed the isolation.

3. Can I opt for Isolation without doing RT-PCR test?

Yes. You can select option 2 which is 11D10N isolation and be released from isolation without undergoing PCR test.

Food Menu

Bintan Service Apartment

For Guests on Isolation



CHOICE OF BREAKFAST

01

Nasi Lemak

02

Nasi Goreng / Fried Rice

03

Mie Goreng / Fried Noodle

04

Bihun Goreng / Fried Beehoon

05

Kwetiau Goreng / Fried Kwetiau

CHOICE OF LUNCH / DINNER

MAIN DISH

01

Ayam Presto / Chicken Presto

02

Ayam Goreng / Fried Chicken

03

Sup Ayam / Chicken Soup

04

Ikan Bakar / Grilled Fish

05

Rendang Daging / Beef Rendang

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VEGETABLES

01

Cap Cay / Mixed Vegetables

02

Sayur Asam / Tamarind Vegetables Soup

03

Tumis Tauge / Kacang Panjang / Kangkung
Stir Fried Bean Sprout / Long Bean /
Water Spinach

04

Sayur Lodeh / Coconut Broth Vegetables

05

Gulai Daun Ubi / Cassava Leaves Curry

CHOICE OF SIDE DISHES SERVED WITH LUNCH / DINNER

01

Telur Dadar / Omelette

02

Perkedel / Potato Cakes

03

Tahu Goreng / Tempe
Fried Tofu / Tempe

04

Fried Sausage / Nugget

05

Orak Arik Tempe / Scrambled Tempe

- All meals will be served daily (Breakfast at 0700, Lunch at 1200, and Dinner at 1800)
- All meals will be placed on the table outside your unit
- Please whatsapp our Staff for the preferred menu at +62-812-7535-1346